



# Week 1: The Bible

## Day 1 Reflection

### TRUTH

What does Scripture have to say about itself? Well, in Psalm 19 it says a lot. In this Psalm, two different voices of God are described. Read Psalm 19 to discover the varying voices of God. Fill out the chart below to better understand what Scripture is revealing about itself.

#### **Verses 1-6**

What voice declares the glory of God?

Name all the ways that this pours forth speech?

#### **Verses 7-14**

What voice declares the glory of God?

How does this pour forth speech?

Why would these two types of speech be included in the same Psalm? What ties them together?

Describe a time when you heard God's voice in His creation. Describe a time when you heard God's voice in His Word.

How is the Law described in verses 7-11? And what does it do? Fill out the chart below to answer these questions.

#### **Law Described as**

#### **What the Law Does**

v.7

v.8

v.9

v.10-11

What role does the Law play in our walk with God? See v. 14. Journal what the Word of God means to you personally. Create your own title for Psalm 19.



## Day 2 Reflection

### TRUTH

It would be impossible to stand firm in your faith without the assurance that Scripture is true, without error and the very mind of Christ. The Bible is the foundation for all our beliefs. What does the Bible teach us about itself?

Look up the verses below and note what each declares about the Word of God.

Psalms 119:160

Proverbs 30:5-6

Isaiah 40:8

Isaiah 55:11

Mark 13:31

2 Timothy 3:16-17

Hebrews 4:12

2 Peter 1:20-21

Which one of these verses speaks to you today? Why? Reading, praying, meditating, memorizing, and studying the Word of God is absolutely crucial for a vibrant, satisfying, and stable walk with the Lord. Therefore, what steps will you take to know more of His Word and make it a priority in your life?

### EVIDENCE

Have you ever thought about the historical or archeological evidence for the Bible? Maybe you love history or knowing and keeping track of facts. Or perhaps you've never thought about it - that's ok! Have you heard of the Dead Sea Scrolls? Christian Archeology provides us with amazing evidence for the historical events in the Bible. Here's a short article from [gotquestions.org](https://www.gotquestions.org/archaeology-Bible.html) that you might find interesting. Click on the links in the article if you would like to find out more on topics like the Dead Sea Scrolls or the Pool of Siloam or other articles on Christian Archeology. Does knowledge like this help you with your knowledge and Christian walk? Is there someone who you could perhaps think of that would find this information interesting that you should share it with?

ARTICLE: <https://www.gotquestions.org/archaeology-Bible.html>



## Day 3 Reflection

### TRUTH

#### True Author of Scripture

We read our Bibles not only to know the facts of God's story, but to know the Author Himself. And knowing someone begins with knowing their name. So ,who is the Author? What is His name? Well, in Scripture, God calls Himself by three primary Names: El (Elohim- which is the plural form of El), Adonai, and Yahweh (Jehovah- which is the Latinized Name for Yahweh.)

Elohim (El) means the Creator- Genesis 1:1

Yahweh means the Self- Existent One- Exodus 3:13-15

Yahweh(Jehovah) is not a title of God, it is a personal name, like Harry or Sue. This personal Name is used over five thousand times in the Old Testament. However, in the Hebrew text, His Name does not have vowels, so it is written- YHWH. Vowels were added later so that people could pronounce His Name.

Adonai means The Lord-Romans 10:8-10

Jews thought that sinners had no right to pronounce the Holy Name of God (YHWH), so they started substituting Adonai as His Name to show God their reverence. Many times, Adonai is used in prayers and when dealing with the Gentiles.

Using [blueletterbible.org](http://blueletterbible.org), look up the Name of God used in Psalm 19:1. Now look up the Name of God in Psalm 19:7. What are the different Names of God used in this Psalm?

Why would God use these two Names to describe Himself in this particular passage? How does each use of His Name give greater meaning and understanding to each section of this passage?

Do you have any thoughts about the God of the Universe telling us His personal Name? What kind of privilege is it to know Him on a first Name basis? Offer up praise to your YHWH!



## TACTICS

Studying God's word and being confident in the truth that the Bible is the inspired word of God, is something on which we should stand firm. It is so important if we want to be able to defend what and why we believe what we do.

Are you comfortable that you would be able to defend the Bible? Where do you think you need more content or context to be able to do this with confidence? How would you go about defending the Bible in your daily walk? How do you defend the Bible to your coworkers, relatives, kids?

Here is an article from MamaBear Apologetics that might provide you with a few ideas – at the end of the day, to defend the Bible we need to know what it says!

**ARTICLE:**

<https://mamabearapologetics.com/congratulations-youve-defended-bible-now/>



## Day 4 Reflection

### TRUTH

The Bible is for us, but it is not about us. It is the story of God. And this story's metanarrative can be described with just four words: creation, the fall, redemption, and restoration.

The pictures below are representations of these words. Label each picture with the corresponding word.

Then write a paragraph describing the overall theme of the Bible. Use the word pictures as prompts to write in your own words the greatest story ever told.





You will probably hear the term “Biblical Worldview”, or “Christian Worldview” used a great deal over the course of this study. Are you comfortable that you know what this means?

You are encouraged to spend some time reading an article published by The Gospel Project on “The Importance of a Christian Worldview”. Whenever you are given an article to read, it is recommended that you ask three questions – *what were the key takeaways for me? How will I apply this new/refreshed/enhanced knowledge? Are there any questions that I need to further investigate?*

***“A Christian worldview is not just one’s personal faith expression, not just a theory. It is an all-consuming way of life, applicable to all spheres of life.”***

**ARTICLE:** <https://www.gospelproject.com/the-importance-of-a-christian-worldview/>

Should you not have time to read the entire article, ponder this quote from the article – how would you analyze your current worldview? Does your love for Jesus permeate all you do? Are there areas where you are perhaps not as vocal or strong in your worldview? Why is this?

***“A Christian worldview becomes a driving force in life, giving us a sense of God’s plan and purpose for this world. Our identity is shaped by this worldview. We no longer see ourselves as alienated sinners. A Christian worldview is not escapism but is an energizing motivation for godly and faithful thinking and living in the here and now. It also gives us confidence and hope for the future. In the midst of life’s challenges and struggles, a Christian worldview helps to stabilize life, anchoring us to God’s faithfulness and steadfastness.”***



## Day 5 Reflection

### TRUTH

As previously stated, the three primary Names of God are: Elohim, Adonai and Yahweh.

Read Psalm 8. Use [blueletterbible.org](http://blueletterbible.org) and look up the Names of the Lord that are used in verse 8:1. In most English translations, the two 'Lords' are written differently. What is this difference? From now on, when you see **LORD** printed in your text, you will know which Name is being used. How cool is that?

It is interesting to note that in the word Hallelujah, we find the shortened Name of Yahweh, Jah. Hallelujah literally means, "Praise Yahweh" Read Psalm 8 again and do just that, dear one. Your Adonai awaits you!

### DIGGING DEEPER

Would you like to dig a little deeper? Here are some interesting articles for you to consider:

1. The **Gospel Project** has published a booklet entitled "**99 Essential Doctrines**". It is a wonderful handbook and reference tool for all and more of the topics that we will be covering during this series. You are encouraged to reference it and perhaps you would like to read a couple extracts a day.  
<https://www.gospelproject.com/wp-content/uploads/tgp2018/2018/03/99-Essentials-Booklet.pdf>
2. If you did not have time to read the full article from Day 4 (four), why not read that today? <https://www.gospelproject.com/the-importance-of-a-christian-worldview/>
3. Here is another article on Biblical Worldview that you might find interesting:  
<https://www.focusonthefamily.com/faith/whats-a-christian-worldview/>

Some podcasts you may wish to consider:

1. Stand to Reason – How not to read the bible (Greg Koukl) -  
[https://www.str.org/w/how-not-to-read-the-bible?p\\_l\\_back\\_url=%2Fsearch%3Fq%3Dthe%2Bbible%26category%3D35245](https://www.str.org/w/how-not-to-read-the-bible?p_l_back_url=%2Fsearch%3Fq%3Dthe%2Bbible%26category%3D35245)
2. There are four "related links" on the above podcast link that you might find interesting or wish to explore. All are from the Stand to Reason Podcast.