**Icebreaker:** What do people today get most anxious about? What area of life are you most likely to be anxious?

## Read Matthew 6:25-34

- Which verse from this passage most speaks to you? Why?
- How many times is the word "anxious" repeated? Read each of these statements outloud.
- According to this passage, name all of the things that we should not worry about.
- How does reading this passage make you feel?
- In verse 26 we are told to look at the birds, what can we learn from them?
- In verse 27 we are told that anxiousness won't add to our lifespan. How is this statement meaningful to you?
- In verse 28 we are told to consider the lilies, what can we learn from them?
- In verse 31 we are told that God will provide for our basic needs, not necessarily all of our wants and desires. Why is this significant, and how does this shed light on this passage?
- Is it true that every Christian will always have food, and clothing? Is this the main message of this verse, if not, what is the main message?
- How might you distinguish between having a godly sense of responsibility and being anxious? How do they feel similar, how are they different?
- We are told in verse 33 to concern ourselves with God's kingdom. What does it look like in your life to "seek first the kingdom of God?"
- Who do you know who does this well? What about them makes you say that?
- Do you think there is a difference between a "Kingdom-minded Christian" and a "Normal Christian?"
- What hinders you the most from seeking first God's kingdom?
- In your own words, what is the BIG IDEA being communicated in this passage?
- How can you apply the message of this passage to the answer you gave for the icebreaker question?

