

# August 22 - 28, 2021

## DISCUSSION GUIDE

### Read the Key Passage: Ephesians 4:17-32

**Icebreaker:** Think about the change you (or your child) made from young teenager to mature adult. What changed? This passage talks about transformation that takes place in the lives of believers that is even more important.

### Read 4:17-24

- What trait(s) associated with the Gentiles stands out to you and where might you see this trait in today's culture?
- Is there anything in this passage that reminds you of your former way of life?
- How are the Ephesian believers contrasted with these Gentiles?
- Pastor Lee talked about the Big Lie: "This life is all there is".
  - How would a person's life look differently who bought into this lie?
  - How might you be tempted to buy into this lie right now?
- Look again at verses 20-24. If a Christian friend asked you why we ought to live differently, how would you explain it to them in your own words?
- What do these verses say we are supposed to do? What is the result?

### Read 4:25-32

- List out all the commands in this section. (It's full of them!)
- How do they relate to the new self described in the previous paragraph?
- What are some common themes in this list of commands?
- How does the community of believers affect our ability to live out these commands?
- How does the work of the Spirit in you make this life possible?
- What would life be like if you did NOT follow these commands?
- What would life be like if you DID follow these commands?
- How can we help each other as a group to live this kind of life?
- Which one of these commands do you most want to see the Spirit change in your life?

Pray that we would demonstrate the newness of life bought for us by Jesus, made possible by the indwelling Spirit, and accomplished through the community of believers.



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