



# September 24 – 30

Truth and Deception | Sin and Confession

**Icebreaker:** What's one of the first lies you remember telling your parents / an authority? How long did you keep the lie up? How did it play out?

## Read 1 John 1:5-10

- What are the lies from someone who walks in darkness? What are the lies of someone who walks in light?
- Have you ever been in a very dark environment? What was that experience like? How did light, when brought in, change the environment?
- Why is the acknowledgment and confession of sin so important for those who walk in the light?
- How do you feel when you sin? How does confession change how you feel? Why is this restoration so important for the believer?
- Read a few of the following passages. What do we learn about sin and confession?  
John 19:30, Titus 3:5, Psalm 103:12, Hebrews 8:12, 1 Peter 1:3-4, 2 Corinthians 5:21, John 16:8, Romans 8:10, Isaiah 59:2-3
- Why does fellowship happen in the light? With God? With others?
- What fears make confession difficult? What promise does God give to us if we do confess?
- What's the difference between being forgiven of our sins and being cleansed from all unrighteousness? (v.9)
- In v. 9 John says that Jesus is "*faithful and just to forgive us.*" Why are both of those characteristics important when we confess?
- Who are we to confess our sins to? Why is Jesus uniquely able to forgive us? (see 1 Timothy 2:5, John 14:9)
- Why is it Jesus' blood that cleanses us from all sin? (See Hebrews 9:22. 10:4)
- How do you think the world's view of sin has affected our stance toward it?

**Give time for each person to pray to God by themselves this prayer:** Dear Lord, I repent and confess to you my sin of \_\_\_\_\_. Thank you that you are faithful and just to forgive me of my sin and cleanse me from all unrighteousness.

PRAYER



CARE



EVENTS

